



TODAYS DATE: \_\_\_\_\_

**PATIENT HEALTH HISTORY:**

REFERRED BY? \_\_\_\_\_

Personal Information:

**BLOOD TYPE** \_\_\_\_\_

Patient's Given Name: \_\_\_\_\_ Nickname \_\_\_\_\_ DOB \_\_\_\_\_ Gender: M F

Mailing Address \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ Cell Number: \_\_\_\_\_ Work Number: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Are you on facebook? Y N \_\_\_\_\_

Occupation: \_\_\_\_\_

Emergency contact numbers:

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Number: \_\_\_\_\_

Name: \_\_\_\_\_ Relation: \_\_\_\_\_ Number: \_\_\_\_\_

Medical History:

Primary Care Physician \_\_\_\_\_ Phone Number: \_\_\_\_\_

When was the date of your last Physical? \_\_\_\_\_ When did you have labs drawn last: \_\_\_\_\_ Where? \_\_\_\_\_

List any Prescriptions Medications you are currently taking: \_\_\_\_\_

List any over the counter Medications that you are taking: \_\_\_\_\_

Medication allergies \_\_\_\_\_

Are you allergic to Sulfur Medications? Y N Do you get Migraines? \_\_\_\_\_ Are you diagnosed with Depression? \_\_\_\_\_

Past Medical History:

List any current illnesses: \_\_\_\_\_

List any Illnesses in the last five Years: \_\_\_\_\_

Past Surgical History: \_\_\_\_\_

List any Illness or Conditions: \_\_\_\_\_

Women Only

Is there any chance you could be pregnant? \_\_\_\_\_ Do you plan on getting pregnant in the next 60 days? \_\_\_\_\_ Are you breast feeding? \_\_\_\_\_ Menopause \_\_\_\_\_

Date of last Period \_\_\_\_\_ Heavy or light \_\_\_\_\_ Are your periods regular \_\_\_\_\_ Length \_\_\_\_\_

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**CONSTITUTIONAL**

Hot Flashes \_\_\_\_\_  
 Insomnia \_\_\_\_\_  
 Anxiety \_\_\_\_\_  
 Fever \_\_\_\_\_  
 Unexplained Weight loss \_\_\_\_\_  
 Unexplained weight gain \_\_\_\_\_  
 Chills \_\_\_\_\_  
 Fatigue \_\_\_\_\_

**EYES**

Blurred Vision \_\_\_\_\_  
 Double Vision \_\_\_\_\_  
 Glasses \_\_\_\_\_  
 Cataracts \_\_\_\_\_  
 Glaucoma \_\_\_\_\_

**PULMONARY**

Cough \_\_\_\_\_  
 Sputum/Phlegm \_\_\_\_\_  
 Shortness of Breath \_\_\_\_\_

**EAR NOSE THROAT**

Ear Aches \_\_\_\_\_  
 Nasal Drainage \_\_\_\_\_  
 Sore Throat \_\_\_\_\_

**SKIN**

Rashes \_\_\_\_\_  
 Easily Bruised \_\_\_\_\_

**NEUROLOGICAL**

Frequent Headaches \_\_\_\_\_  
 Blackouts \_\_\_\_\_  
 Contusions \_\_\_\_\_  
 Seizures \_\_\_\_\_

**GASTRO INTESTINAL**

Abdominal Pain \_\_\_\_\_  
 Ulcers \_\_\_\_\_  
 Black Bloody Stools \_\_\_\_\_

**GASTRO URINARY**

Problems Urinating \_\_\_\_\_  
 Frequent urination \_\_\_\_\_  
 Prostrate \_\_\_\_\_

**CARDIAC**

Heart Attack \_\_\_\_\_  
 Murmurs \_\_\_\_\_  
 Chest Pain \_\_\_\_\_

**MUSKAL- SKELETAL**

Back Pain \_\_\_\_\_  
 Joint Pain \_\_\_\_\_  
 Leg Pain \_\_\_\_\_  
 Ankle Swelling \_\_\_\_\_

**PAST MEDICAL HISTORY**

Diabetes IDDM / NIDDM \_\_\_\_\_  
 Hyperthyroidism \_\_\_\_\_  
 Hypothyroidism \_\_\_\_\_

**SOCIAL HISTORY**

Smoke \_\_\_\_\_  
 Alcohol \_\_\_\_\_

**FAMILY HISTORY**

Diabetes \_\_\_\_\_  
 Heart Disease \_\_\_\_\_  
 Cancer \_\_\_\_\_

**DO YOU HAVE ANY OTHER HEALTH RELATED MATTERS WE SHOULD BE AWARE OF**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**DO YOU HAVE OR HAVE YOU EXPERIENCED ANY EMOTIONAL CHALLENGES WE SHOULD BE AWARE OF THAT COULD ADVERSELY IMPACT YOUR OVERALL HEALTH OR YOUR WEIGHT LOSS EFFORTS? MENTAL ILLNESS OR EATING DISORDERS?**

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**ARE YOU EXPERIENCING MORE STRESS THAN USUAL? ARE YOU GENERALLY IN A HIGH STRESS ENVIRONMENT? HAVE YOU EXPERIENCED ANY LIFE-CHANGING EVENT THAT HAS CAUSED YOU TO EXPERIENCE ADDITIONAL STRESS OR GREIF?**

\_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_